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Recipe for Growing Tomato Plants in Containers

Tomatoes are easily grown in containers and can yield a large crop from just one or two plants. Enjoy picking your own tomatoes from your porch or patio and eat them fresh in your salads and sauces. Give your plants a head start with this preparation recipe from **Love Apple Farm 2011** (www.growbetterveggies.com).

1. For each tomato plant, use at least a 15 gallon container or a pot that is minimum 18" tall and 17" wide. Half wine barrels will work (25 gallon capacity), and allow you to grow two plants in each.
2. Fill each container with **Sunland Organic Potting Mix** or **Gardner & Bloome Potting Soil**.
3. To each pot add:
 - 2 big handfuls of **Gardner & Bloome Fish Meal**
 - 2 big handfuls of **Sustane 4-6-4** or **Gardner & Bloome Tomato, Vegetable & Herb Fertilizer 4-6-3 with Mycorrhizae**
 - 1 big handful of **Gardner & Bloome Fish Bone Meal** or **Gardner & Bloome Bone Meal**
 - 4 crushed chicken eggshells or 1 handful of **CalPhos**
 - 1 big handful of **Worm Gold 100% Worm Castings**
 - 2 aspirin tablets
 - 1 tablespoon of **MYCOS Mycorrhizae** or **Rooter's Mycorrhizae***.
Can omit if using Gardner & Bloome Tomato, Vegetable & Herb Fertilizer with Mycorrhizae
4. Supplemental Feedings - Need to start about July 1st. Use Worm Casting Tea (1 handful of **Worm Gold Worm Castings** in 5 gallons of water) or **Dr. Earth Natural Liquid Fertilizer** once a week.